

STUDENT HANDOUT — Seminar 5, Session 4

Becoming the Biblical Helper to Your Husband

INTRODUCTION

SCRIPTURE: Genesis 2:18, 20; Genesis 1:27-28

I. Three Ways the Bible Uses the Word “Helper.”

A. A helper is one who _____ someone.

Psalm 70:5, “But I am poor and needy; make haste to me, O God! You are my help and my deliverer; O Lord, do not delay.”

B. A helper is one who _____ someone.

Psalm 10:14; 86:17

Isaiah 41:10, “Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.”

C. A helper is one who _____ someone.

II Chronicles 14:11; 25:8

Daniel 10:13, “But the prince of the kingdom of Persia withstood me twenty-one days; and behold, Michael, one of the chief princes, came to help me, for I had been left alone there with the kings of Persia.”

II. Being a Helper is a Very Biblically Prominent Position.

A. The _____ is our Helper.

Hebrews 13:6, “So we may boldly say: ‘the Lord is my helper; I will not fear. What can man do to me?’ ”

B. The _____ is our Helper.

John 16:7, “Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you.”

C. _____ is our Helper.

John 14:16, “And I will pray the Father, and He will give you another Helper, that He may abide with you forever.”

III. There are Five Biblical Principles on How to Become the Helper of Your Husband.

A. God _____ the wife to be the helper of the husband.

Genesis 1:27, 28: "So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them and God said to them, 'Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth.'"

1. God's principle for man and woman is to share equality of _____, but diversity of _____. Genesis 1:26, 27

Genesis 2:18, "And the Lord God said, 'It is not good that man should be alone; I will make him a helper comparable to him.'"

2. God's pattern is for the woman to be _____ to the man.
Genesis 2:18-23

I Corinthians 11:8 & 9, "For man is not from woman, but woman from man. Nor was man created for the woman, but woman for the man."

3. God's priority is the woman is _____ the man.
I Corinthians 11:8

4. God's purpose in His design is the woman is _____ the man.
I Corinthians 11:9

5. God's perfection in His design is for the woman to be the _____ to the man. Genesis 2:18-23

B. The wife should _____ her energies to help her husband.

1. The key priority for the wife is not her children, her work, or ministry but her _____.

2. The key recipient of the wife's help is her _____.

3. The key evaluator of the effectiveness of her help is her _____.

C. The wife has been given the position as _____
_____. Titus 2:5

Titus 2:4 - 5, "That they admonish the young women to love their husbands, to love their children, to be discreet, chaste, homemakers, good obedient to their own husbands, so that the Word of God may not be blasphemed."

1. The Greek word for home and its affairs is _____. Titus 2:5

2. The Greek word _____ means work and its efforts. Titus 2:5

3. The wife or helper is also to manage her _____.

Proverbs 31:15, "She also rises while it is yet night, and provides food for her household, and a portion for her maidservants."

4. The helper generates _____.

Proverbs 31:16, "She considers a field and buys it; from her profits she plants a vineyard. 5. The helper will extend her hand to the _____.

Proverbs 31:20, "She extends her hand to the poor, yes, she reaches out her hand to the needy."

I Timothy 5:14, "Therefore I desire that the younger widows marry, bear children, manage the house, give no opportunity to the adversary to speak reproachfully."

D. The wife is to actively manage the house under the authority of her husband as the _____ of the _____. I Timothy 5:14

1. The Greek word oikos means the home and its _____.

2. The Greek word despot means to manage and _____.

I Timothy 5:14

Proverbs 31:26-27, "She opens her mouth with wisdom, and on her tongue is the law of kindness. She watches over the ways of her household, and does not eat of the bread of idleness."

3. The wife is not a problem giver but a problem _____

Proverbs 31:26

4. The wife is not passive or independent but is _____.

Proverbs 31:27

E. The wife is to give of her life to her husband so that he will be _____
_____.

Proverbs 31:22-24, "She makes tapestry for herself; her clothing is fine linen and purple. Her husband is known in the gates, when he sits among the elders of the land. She makes linen garments and sells them, and supplies sashes for the merchants."

1. The wife earns her husband's _____.

Proverbs 31:11b, "The heart of her husband safely trusts her."

2. The wife contributes to his _____.

Proverbs 31:12, "She does him good and not evil all the days of her life."

Proverbs 31:28-29, "Her children rise up and call her blessed; Her husband also, and he praises her; many daughters have done well, but you excel them all."

IV. Four Practical Ways You Can Improve Your Role As Helper.

A. You must practice _____ respect and admiration for your husbands.
Ephesians 5:33

The Amplified Bible says it: "However, let each man of you (without exception) love his wife as (being in a sense) his very own self; and let the wife see that she respects and reverences her husband – that she notices him, regards him, honors him, prefers him, venerates and esteems him; and that she defers to him, praises him, and loves and admires him exceedingly.

1. A wife should never _____ her husband in public or _____
_____ in private.

2. A wife should always _____ her husband in public and _____
_____ in private.

B. You must _____ your own spiritual growth.

1. This is important even if your husband is not the _____ leader he should be.

2. You must not harbor resentment toward your husband if he is _____ in this area.

C. You should seek to _____ the help of godly women for encouragement, support, and accountability.

D. You should _____ regularly that God has called you to be the helper of your husband.

When you help your husband "do it heartily, as to the Lord and not to men."
Colossians 3:23

CONCLUSION

Wife: I commit to you that I will respond to God's call on my life to be your helper. I ask for your forgiveness for the times I have failed you and not been the Helper that the Lord expects me to be. I hereby pledge to be an active Helper who serves you with all of my abilities and will all my heart.

Husband: I commit to you that I will respond to God's call on my life to honor you as my helper. I ask for your forgiveness for the times I may have taken advantage of you as my wife or not expressed my sincere appreciation for how you manage our home. I hereby pledge to share my life more fully with you so that we can "run the race" as a wonderful team.